

FRESHLY MADE SANDWICHES

all sandwiches served with chips, pretzels, BBQ chips or Baked Lay's

CHARLESTON SMOKED TURKEY 7.29
havarti cheese, bacon, lettuce, tomatoes and roasted red pepper pesto mayonnaise on a sundried tomato baguette

CAFE CLUB 7.29
turkey, ham, bacon, swiss cheese, mayonnaise, lettuce and tomato on a buttery croissant

ROAST BEEF 6.89
with Dijon horseradish, lettuce, tomato and onions on a crusty baguette

SMOKED HAM & SWISS 6.49
with honey mustard, lettuce and tomato on rye bread



CHARLESTON SMOKED TURKEY

GRILLED PANINIS

TURKEY BERRY PANINI 7.79
smoked turkey, whole-berry cranberry sauce, swiss cheese and coleslaw

FRENCH DIP PANINI 7.79
sliced roast beef, dijon horseradish, roasted onions and swiss cheese, with warm au jus for dipping

CHIPOTLE CHICKEN PANINI 7.79
grilled chicken, portabella and button mushrooms, sundried tomatoes, boursin cheese and chipotle mayonnaise

SPINACH ARTICHOKE CHICKEN PANINI 7.79
creamy spinach artichoke dip, swiss cheese and grilled chicken

CAFE CHICKEN SALAD 6.79
with lettuce and tomato on a buttery croissant

CAROLINA TURKEY BREAST 6.69
with Cafe dressing, lettuce and tomato on cracked wheat sunflower bread

TUNA SALAD 6.59
with lettuce and tomato on nine grain bread

CAFE GRILLED CHEESE 5.99
our three-cheese grill on white sourdough, with cheddar, havarti and swiss and your choice of bacon, tomato or ham

CHARLESTON SMOKED TURKEY

PULLED PORK PANINI 7.79
Carolina-style pulled pork with BBQ sauce and coleslaw

PORTABELLA PANINI 7.69
sliced portabellas, button mushrooms, boursin cheese, havarti cheese, green pesto and tomatoes



TURKEY BERRY PANINI

WRAPS

GRILLED CHICKEN CAESAR 6.89
in an herb garlic wrap

CHICKEN FIESTA 6.99
southwest chicken, black beans, corn, green onions, mixed cheese, lettuce, tomato & zesty ranch dressing in a tomato wrap

CAFE CHICKEN SALAD 6.79
with lettuce and tomato in a honey wheat wrap

TUNA SALAD 6.59
with lettuce and tomato in a honey wheat wrap

GARDEN VEGGIE 5.99
assorted veggies and boursin cheese in a tomato wrap

FRESH SALADS

served with choice of dressing and our signature sweet potato biscuit

CAFE CAROLINA SIGNATURE
FULL 7.99 HALF 5.89
a unique blend of flavors available exclusively at Cafe Carolina! Mixed greens with mandarin oranges, strawberries, dried cranberries, raisins, pineapple, pecans and gorgonzola cheese tossed with our housemade poppyseed dressing and croutons

CHICKEN FIESTA
FULL 7.99 HALF 5.89
mixed greens, southwest chicken, black beans, corn, pasta, mixed cheese, green onions and crispy tortilla strips, served with zesty ranch dressing

TURKEY BERRY
FULL 7.99 HALF 5.89
mixed greens, smoked turkey, havarti cheese, toasted almonds, diced fresh pears, cranberries, bacon, tomatoes, croutons and sherry shallot vinaigrette dressing

CAFE CAROLINA SIGNATURE



SALAD PLATES & QUICHE

QUICHE OF THE DAY 6.69
a generous slice of freshly-baked quiche with soup or a half house or Caesar salad

CAFE CHICKEN SALAD PLATE 6.69
two scoops of fresh-made chicken salad, with tomatoes, cucumbers and a hard-boiled egg, served on a bed of lettuce

CAFE TUNA SALAD PLATE 6.69
two scoops of fresh-made tuna salad, with tomatoes, cucumbers and a hard-boiled egg, served on a bed of lettuce

CAFE COBB
FULL 7.99 HALF 5.89
mixed greens topped with chicken, eggs, bacon, tomatoes, gorgonzola cheese, onions, shredded cheese and croutons, with choice of dressing

CAFE CHICKEN CAESAR
FULL 7.59 HALF 5.39
romaine lettuce tossed with shredded Parmesan and topped with grilled chicken and housemade croutons, served with classic Caesar dressing

CAFE CAESAR
FULL 5.49 HALF 3.89
romaine lettuce tossed with shredded Parmesan cheese and our classic Caesar dressing and topped with housemade croutons

HOUSE
FULL 5.49 HALF 3.89
mixed greens with shredded carrots, tomatoes, red onions, cucumbers, croutons, Parmesan cheese and our house red wine vinaigrette

ADD CHICKEN TO ANY SALAD 2.59



QUICHE

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FLATBREADS

thin grilled crust topped with cheeses and delicious toppings

HAWAIIAN BBQ PORK 7.99
pulled pork, pineapple, bacon, roasted onions and BBQ sauce on a crisp grilled crust

SPINACH ARTICHOKE 7.99
creamy spinach artichoke dip, garlic, diced and sun-dried tomatoes, Parmesan and feta cheese on a crisp grilled crust, garnished with sour cream and green onions

CHICKEN FIESTA 7.99
southwest chicken, spicy queso cheese, tomatoes, black beans, corn, green onions, cheddar jack cheese, lettuce, cilantro and sour cream on a crisp grilled crust

CLASSIC PEPPERONI 6.49
melted mozzarella, parmesan and cheddar jack cheeses, pepperoni and marinara sauce on a crisp grilled crust

CLASSIC TOMATO BASIL 6.49
melted mozzarella, parmesan and cheddar jack cheeses, tomatoes, fresh basil and marinara sauce on a crisp grilled crust



CHICKEN FIESTA

ROASTED CHICKEN NOODLE FRENCH ONION CREAM OF BROCCOLI LOADED POTATO



HEARTY SOUPS

BOWL OF SOUP 3.99
served with crackers

SOUP IN A SOURDOUGH BOWL 5.29
an edible bread bowl filled with soup

COMBOS

HALF SANDWICH & SALAD COMBO 7.59
choose half Chicken Salad, Tuna Salad, Ham & Swiss or Turkey Breast sandwich with half House or Caesar salad, chips and soft drink or iced tea

HALF SALAD & SOUP COMBO 7.59
choose half House or Caesar salad with a bowl of soup, crackers and soft drink or iced tea

HALF SANDWICH & SOUP COMBO 7.59
choose half Chicken Salad, Tuna Salad, Ham & Swiss or Turkey Breast sandwich with a bowl of soup, chips and soft drink or iced tea

CAFE KID'S MEALS

choice of:
TURKEY SANDWICH, GRILLED CHEESE SANDWICH, PBJ SANDWICH OR MACARONI & CHEESE
with choice of chips, pretzels, cookie or applesauce and choice of juice box, milk, soft drink, iced tea or bottled water 4.49

CAFE BREAKFAST

served until 11 am monday thru friday and until noon on saturday and sunday

BREAKFAST SANDWICHES

egg, cheddar cheese & choice of sausage, bacon or ham served on choice of

CROISSANT	4.49	HONEY WHEAT WRAP	4.49
GRILLED PANINI BREAD	4.49	BAGEL	4.49

COUNTRY BREAKFAST 6.69
scrambled eggs, bacon or sausage, potato casserole and toast

CINNAMON RAISIN FRENCH TOAST 5.99
classic French toast made with fresh-baked cinnamon raisin bread, dusted with powdered sugar and served with maple syrup

COUNTRY BREAKFAST QUESADILLA 5.99
a grilled quesadilla stuffed with eggs, bacon, cheese, country potatoes and green onions

HAM & CHEDDAR SWEET POTATO BISCUITS 3.69
two signature sweet potato biscuits filled with smoked ham & cheddar cheese

HUEVOS WRAPCHEROS 5.39
sausage, egg, red & green peppers, onion, cheddar & jack cheese in a tomato wrap with a side of salsa

QUICHE OF THE DAY 6.69
a generous slice of freshly baked quiche with side of fruit

MUFFIN assorted flavors 2.29

BAGEL & CREAM CHEESE 1.99
assorted cream cheese flavors

BLUEBERRY CRUNCH BAGEL 1.49

BAGEL assorted flavors 1.19

FRESH BAKED PASTRIES ALSO AVAILABLE

BEVERAGES



FOUNTAIN DRINK	1.79	LATTE	2.99
SWEET OR UNSWEET TEA	1.79	VANILLA LATTE (REGULAR OR SUGAR FREE)	3.49
BOTTLED WATER	1.69	MOCHA LATTE	3.59
BOTTLED JUICES	1.99	CHAI LATTE	3.19
WHOLE BEAN COFFEE - LIGHT OR DARK ROAST	1.79	CAPPUCCINO	2.99
DECAF COFFEE	1.79	ESPRESSO	1.59
HERBAL TEA	1.59	VANILLA ICED COFFEE	2.59
HOT CHOCOLATE	2.29	MOCHA ICED COFFEE	2.89
		CARAMEL TRUFFLE ICED COFFEE	2.99

VISIT OUR OTHER LOCATIONS

CAMERON VILLAGE - RALEIGH 919.821.7117 / FAX 919.821.1331	THE ARBORETUM - CARY 919.678.8855 / FAX 919.678.8711
WACHOVIA CENTER - DOWNTOWN RALEIGH 919.834.9117 / FAX 919.834.3045	THE PROMENADE ON PROVIDENCE - CHARLOTTE 704.846.3193 / FAX 704.846.3198
MEADOWMONT VILLAGE - CHAPEL HILL 919.945.8811 / FAX 919.945.8812	FRIENDLY CENTER - GREENSBORO 336.854.1130 / FAX 336.854.1135

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REG 11/11



MENU

BREAKFAST · LUNCH · DINNER



CAFE BAKERY

featuring our cafe blue cupcakes



CAFE BLUE CUPCAKE	1.69	GOOEY BUTTER CAKE	2.19
6-PACK CAFE BLUES	8.79	CHOCOLATE CROISSANT	2.19
comes in pink, yellow, red and custom colors - order ahead!		APPLE BASKET PASTRY	2.19
CINNAMON HONEY SWIRL	2.19	CRISPY TREAT	2.49
SUPREME BROWNIE	2.19	M&M CRISPY TREAT	2.79
LEMON BAR	2.19	INSIDE OUT PEANUT BUTTER CUP	2.19